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Realize the Power of Relaxation: Introducing the Serenity Suite™

SCHAUMBURG, Illinois, December 12, 2006—Virtual Relaxation Solutions, a division of TLC Industries Inc., introduces The Serenity Suite™, a virtual relaxation environment. The Serenity Suite™ employs sophisticated sensory enrichment to achieve the relaxation response. The relaxation response is a profound state of deep rest that improves the physical and emotional reaction to stress.

In today's fast-paced world, relaxation can no longer be considered a luxury, but a necessity for a healthy, happy life. Stress and sleep deprivation are at epidemic levels and are all too often addressed with quick fixes such as food, liquor or pharmaceuticals. The correct solution is to prevent stress build-up by scheduling an on-going routine of relaxation, beyond the occasional massage or scented candle. The Serenity Suite™ will make working hours more productive, resting hours more peaceful, and recreational hours more fulfilling.

Utilizing "ahead-of-the-art" technology, The Serenity Suite™ combines motion, sight, sound and scent to delicately soothe the mind and body in a private inner sanctum. The Z-Lounge™ Motion Platform is the environment's focal point. The Z-Lounge™ moves the body in a circular, three-dimensional wave pattern, creating a floating sensation. Visuals are personally selected from a digital library and displayed on a unique suspended "Starglass." Collections of meditation sounds, classical music and nature effects are available to further customize the experience. The Z-Lounge's™ 3D surround sound takes the audio immersion to the next level. The body literally feels the music as the unique vibro-acoustic system massages muscles and relaxes key pressure points, alleviating tension and stress. Finally, because the sense of smell is the strongest memory trigger, one of a vast selection of tranquil aromatherapy scents is released to recall and enhance the state of relaxation.

The benefits realized by using the Serenity Suite™ affect both the mind and body. The relaxation response has been employed successfully as a therapeutic tool to counteract stress-related disease processes. Stress, which comes in physical, mental and emotional forms, is not entirely avoidable, but can be better handled if the 'stress tank' is emptied on a regular basis. Consistent use of the Serenity Suite™ will help in getting a better night's rest, which in turn will reverse the negative effects of sleep deprivation, including memory problems, low energy levels, lack of concentration, and emotional instability. In addition to the pleasure derived while in the Serenity Suite™, the sensory enrichment is also giving the brain its own workout. This proactive brain conditioning leads to improved creativity and problem solving skills, and may lower the chances of getting Alzheimer's disease, or delay its onset.

Bob Goodman, VP of Business Development, points out "health is our greatest asset, and incorporating a Serenity Suite™ into your lifestyle is the best investment you'll ever make."

Serenity Suites™ are available for installation in homes and businesses, individually designed to fit the needs and environment of the user.

For more details: Visit www.Relax411.com or Contact Bob Goodman at (847) 534-5104.

